

July, August,
September 2026

Volume 10 Issue 3

Upcoming Events

Fundraiser Breakfast Comber, ON

See ad in this
newsletter for details

Grief Support Conference

Oct. 31, 2026

Atwood, ON

Living with Loss:

What is grief?
Why do we grieve?

More details in the
next newsletter



The Unspeakable Story

First six lines was a devastating response to a survivor of sexual abuse struggling with self-harm and suicide and the following is the survivor's story.

What do you think? What did you say? Is it really true?

Such a horrible thing you are planning to do?

You need to think on thoughts good and pure-

Don't defile your mind with something so obscure.

Read more in the Bible, think on things that are good –

Send me three things to be thankful for – you should.

But deep inside, while conforming to commands

A heart grows silent, and still. No one understands

Years pass by as a cold frozen stream,

With muddy dark waters midst hidden ravines.

Until touched by people who are safe,

God's love illumines, into the heart of a waif

The terror, the pain, the blackness of night,

Hesitantly brought into God's light-

No longer ashamed or condemned-

Allowed to speak not being defamed

Though the details remain misted and hazy,

The voice fearfully speaking, is not deemed crazy-

Black terror and fear weighing down like a stone-

Is acknowledged and brought to the Father's throne.

The confusion, the lies plus unrelenting shame,

Are renounced and brought under Jesus' name. Continued on back



The advertisement for the Fundraiser Breakfast is set against a dark brown background. At the top, the words 'FUNDRAISER BREAKFAST' are written in large, bold, white letters with a red outline. Below this, in smaller white text, it says 'FUNDS SUPPORT THE ONGOING WORK OF THE MINISTRY'. The center of the ad features a collage of food items: a stack of pancakes with a pat of butter, scrambled eggs, sausages, and a bowl of fruit. To the right of the food, the text 'COME AND ENJOY PANCAKES, EGGS SAUSAGES & FRUIT' is written in white. Below this, the location 'Comber Pavilion' and address '7100 Community Centre St. Comber ON' are listed. The date and time '29TH OF AUG, 7:30am-12:00' are prominently displayed. At the bottom right, the words 'JOIN US!' are written in large, bold, white letters. A white circular sign with the words 'BY DONATION' is placed over the bottom left of the food collage.



Fundraiser in Atwood, ON



Thank you
to all who
came out
and
supported
us!



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Thank you for
Your support!



The Unspeakable Story continued
The Father brings love, warmth and light
To all areas damaged in Satan's black night.
Outside the weather unseasonably warm,
Leaves drifting down – in autumn's gold glory
Inside the room furnished in yellow and brown-
Is happening a silent unspeakable story.
The story is locked, hidden and suppressed
With pain and terror never confessed
An evil man with sinister cruel intent
In a white coat but on dark mischief bent
First piercing pain jamming the little one's interior-
Finishes with freezing cold, cramming in from exterior
States chillingly, "Don't you tell"
"Or I shall send you to hell!"

The little one laying 'neath a cold cotton sheet,
Only one piece of clothes, shivering in utter defeat
So naked, so helpless, so cold, so alone-
Not daring to flinch, or cry, heart turned into stone
The scene frozen in time, years have erased-
The terror no longer needing to be faced.

Buried with hard work, then success
Extra school, care for people, no matter the stress.
But under the façade a deep yearning ache,
Begins gaping, then opens an earthquake-
Depression, restriction; not wanting to live,
Memories come floating like a sieve.

The terror, the blackness, the pain and the fright-
Flood out of black hidden caves into bright light
When validated the little one begins to speak.
Even when the terrible memories just reek.

**Jesus enters the story with healing and grace,
Brings strength the devastation to face**

**His reassurance, "My strong arms will carry you through
You're not forever damaged though this happened to you!"**

**I will strengthen and heal you and then restore-
Bring beauty for ashes, and ever so much more;**

**A life yearning to live, with food and drink to sustain;
Love for life and others, learning to trust again.**

Like a graceful butterfly learning to soar,

With new strength and beauty unseen before.

The story of an Abuse Survivor

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Discipleship Mentors: Dave Lichty and Abe Klassen



**Light in the
Valley Prayer
Ministry**

"Call or come in person and a
prayer team will care and pray
for you."

**First Thursday night
of each month
7:00 – 9:00 p.m.**

