

Sep. Oct. Nov.  
Dec. 2024

Volume 8 Issue 3

## Upcoming Events

*Spring Seminar*

*March 29, 2025*

*Emotional Health*

*Theme: Negative  
Thinking vs. Healthy  
Thinking*

*Place: Comber, Ontario*

We would like to express our appreciation to all of you that supported the breakfast fundraiser that we held in Comber, ON in July. A big thank you as well to all who have given financially, prayer, or moral support. With grateful hearts from all of us at Peaceful Heart Ministries.

Thank  
you!

**YOU CAN MAKE A  
DIFFERENCE!**

**YOUR DONATION will provide mentoring for those in pain and bondage that leads to hopelessness and despair. Your generosity can provide a lifeline to those in need and offer them a brighter future as they find hope and healing in Christ.**

**DONATE TODAY. TRANSFORM  
LIVES TOMORROW.**

*A safe place. What is a safe place? Why is it important? Over the years I have heard many statements and questions that help me understand the need of a safe place for hurting individuals. This raises a few questions: How did Jesus relate to individuals in pain, sin, bondage, etc.? How did Jesus make a safe place? As followers of Christ, how can we make a safe place?*



**How to Make a Safe Place for a Hurting Individual**

If I could speak all the languages of earth and of angels, but didn't love others, I would only be a noisy gong or a clanging symbol. If I had the gift of prophecy, and if I understood all of God's secret plans and possessed all knowledge, and if I had such faith that I could move mountains, but didn't love others, I would have gained nothing. 1Cor. 13: 1,2 [NLT] Before you can do anything for anyone, it is important that you are able to receive God's love, let it flow through you, and give it away to others. You can do all kinds of great and wonderful things but without love, it means absolutely nothing. That is zero, nothing! The greatest thing you can ever do is to Love. That is not just *thinking* that you love someone, but that the individual *feels loved* by you. Look at the example Jesus left by how He cared about people.

1. **Accept a person where they are at.** Regardless of how stuck or messed up things are, start there. **DO NOT FIX.**
2. **Focus to Understand.** Try to understand their situation, what they are feeling, why they may have made wrong choices, where there is pain. **DO NOT FIX.**
3. **Focus to Care.** Care about what is going on deep inside the person. You do not need a lot of answers, just care. **DO NOT FIX.**
4. **Pray for.** Put yourself into their shoes and talk to the Lord on their behalf, how you think they would ask or talk to the Lord. Ask the Lord to show them how much He cares and hurts with them. **DO NOT FIX.**
5. **Never condemn the person.** Keep the person and the problem separate. Care for the person. Speak life and God's love into the person. **DO NOT FIX.**
6. **Never justify sin.** Do not make them comfortable in their sin. If there is sin, do not excuse it, minimize it, exaggerate it, or blow it up. Call it what it is. **DO NOT FIX.**
7. **Address the sin.** You cannot force a person to change. They have to make that choice. Appeal to them, encourage them, help them see and understand the consequences of their sin. **DO NOT FIX.**  
*It is the work of the Holy Spirit to change people's hearts.  
We are called to love them.*

*Dave L*

## Parenting Seminar:

Cooperation, Consequences & Keeping Your Sanity  
Connect with your children in ways  
that will change their hearts.

**Saturday, October 19, 2024**

Registration at the door 9:30 a.m.

Seminar: 10 am- 3:30 pm

Presenters: Bob and Gwen Bramhill  
Directors of Caring for the Heart Ministries  
Canada

Suggested donation: \$25 a person

No recordings will be available.



251 Main St  
Atwood

Bring a bag lunch  
No childcare

## Light in the Valley Prayer Ministry

"Call or come in person and a prayer team will care and pray for you."

First Wednesday night of each month  
7:00- 9:00

Third Wednesday afternoon of each month  
1:30-4:00

Please contact Peaceful Heart Ministries for more information for the following:

~**Family Sessions** Addressing numerous topics related to family and family relationships.

~**Premarital Group Sessions:** For engaged couples, but married couples are also welcome.

~ **Grief Share** Helpful ways on how to work through grief because of loss.

~ **Presentation** There have been some inquiries about doing presentations at churches. We would gladly come and share with your congregation about the work of the ministry.

~ **D.I.D. Presentation** Insight into helping and understanding Dissociative Identity Disorder.

Peaceful Heart Ministries is a registered Charitable Organization CRA. Reg # 73825 0695 RR0001  
Please see Donation insert for details on how to give.

*Thank you for your support*



We were invited to provide a resource table at the Gospel Express Tent Meetings in Linwood, Aug. 2024

### New Books

"Glad You Asked" by Ruth Ann Miller and "Daughter" by Deborah Isabel Miller

**Coming soon:** Check out our website to watch a trailer about each of these books.

To purchase a copy of these books, contact PHM.



### Contact information:

**Address.** 44264 Newry Rd Brussels, ON N0G 1H0  
**Phone.** 519 887 9658 **Cell.** 519 569 9241

**Email.** [peacefulheartministries@gmail.com](mailto:peacefulheartministries@gmail.com)

**Website.** [peacefulheartministries.ca](http://peacefulheartministries.ca)

### Board members:

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**Discipleship Mentors:** Dave Lichty and Abe Klassen

## Financial Report: Jan. – Aug. 2024

Ordinary Income/Expense:

### Income

Donations.....	58,370.11
Counseling Session Reim....	18,611.00
CD/Book Sales.....	283.00
<b>Total Income .....</b>	<b>77,264.11</b>

### Expense

Salary.....	82,458.80
Canada Pension.....	1976.70
Employment Insurance.....	974.19
Study Materials.....	273.26
Bank Service Charges.....	34.64
Advertising and Promotion....	446.00
Seminar.....	650.85
Office Supplies.....	1573.39
Postage.....	333.11
Staff Development.....	474.99
Travel Expense.....	252.75
Office Maintenance.....	1800.00
Rent.....	2640.32
Telephone.....	877.62
Books.....	1090.00
Misc. Expense.....	342.13
<b>Total expense.....</b>	<b>96,198.75</b>

**Net Income.....** -18,934.64



# Monthly Financial Support

Calling all supporters of mental health and wellness. Our counseling ministry is dedicated to providing a safe and supportive place for individuals who are seeking help. We believe that everyone deserves access to quality care, regardless of their financial situation.



## Our Location

44264 Newry Rd.  
Brussels ON N0G 1B0

That's where you come in. We rely on donations to continue offering our services to those in need. Your generous support will make a real difference in the lives of others and is greatly appreciated. Donate now and help us continue to offer hope and healing to those in need.

We are a registered charitable organization  
CRA. Reg # 73825 0695 RR0001

## Contact info

Phone: 519 887-9658  
Cell: 519 569-9241

Email: [peacefulheartministries@gmail.com](mailto:peacefulheartministries@gmail.com)  
Website: [Peacefulheartministries.ca](http://Peacefulheartministries.ca)

If you're not comfortable using the QR Code please see back side for other options to donate

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov/State: \_\_\_\_\_

Postal/Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Please charge my credit card: \$ \_\_\_\_\_  Visa  Mastercard

Name: \_\_\_\_\_ Name as it appears on card

Card #: \_\_\_\_\_

CVC #: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Signature: \_\_\_\_\_

I would like to make a monthly, pre-authorized Credit Card donation.

Gift \$20 \_\_\_ \$45 \_\_\_ \$80 \_\_\_ \$100 \_\_\_ Other \_\_\_\_\_

I would like to make a monthly, pre-authorized

donation to Peaceful Heart Ministries.

Please include a VOID cheque.

### Etransfer;

[phministries2017@gmail.com](mailto:phministries2017@gmail.com)

Please include your email address in message section of etransfer; a tax receipt can only be sent out if we have this info. For cheques, please make them payable to; Peaceful Heart Ministries

We cannot process any monthly gift without your signature here: \_\_\_\_\_

This automatic monthly withdrawal can be canceled at any time by contacting our office.